

Agility Training Summer 2016

Wolsey-Wessington Girls' Strength and Agility athletes entering grades 7-12 from June 8, 2016 until July 27, 2016. The sessions will be held from 8:00 AM – 9:00 AM. A schedule of dates was sent home with the athletes.

The cost of the training is \$40 per athlete (14 sessions), payable to the Wolsey-Wessington School. This is a flat fee no matter how many sessions your child attends. The fee must be paid before an athlete can participate. Please return the bottom portion with the fee to Coach Herdman or Ms. Boomsma.

I give my child permission to attend the Agility Training to be held at WWHS. I understand that the staff and others involved are not responsible for accidents.

Athlete's Name: _____

T-Shirt Size: (Adult sizes only) small medium large XL XXL

Parent Signature: _____

Date: _____